



WORKSHOPS

BY VICTORIA CROFT (1)

ACT I, SCENE i

I am a professional actress based in central London with experience in Film, Radio and Theatre, including West End. I have a degree from Manchester University in English and Drama and a postgraduate diploma in Acting from Drama Studio London. As an actress I have worked on the West End in *Me and My Girl*, at the Edinburgh Festival, the RSC Fringe in Stratford-upon-Avon, the Palace Theatre, Manchester, The Bridewell Theatre, London, Teatro San Gallo, Venice and many other fantastic locations on various acting pursuits. In between acting projects I work as a Drama Workshop Leader and Acting Coach. This work has taken me into nurseries, schools, theatres, village halls, pupils' houses and even prisons; teaching one-to-one to groups of over 40, from babies of not even a year to senior citizens. The range of workshops I offer are inspired by my own professional experience as an actor and my work with such varied demographics. The aim is to empower the performer, encouraging freedom to play and have fun; both of which are essential in shaping character and producing a strong performance. I am assisted by my colleague, Matthew Runham. He has a degree in Theatre and Performance Studies from Warwick University and has been acting professionally for five years. Credits comprise *A School For Scandal*, *The Cider House Rules*, *Black Comedy* and national tour, *Sign of The Times* alongside Stephen Tompkinson; venues include the Bridewell Theatre and King's Head in London, as well as the Liverpool and Oxford Playhouses and several appearances at the Edinburgh Fringe.

Workshops on Offer...

Don't Think, Do!

This improvisation-based workshop is all about invention, on the spot devising, interaction and most importantly, fast-paced fun. Trust your instincts, believe in your actions and let your imagination run wild. This is a great choice for those wanting liberation from text and a chance to release their inner extrovert.

Act Outside The Box

This scene-based workshop explores character objectives, acting choices and technique. An introduction to alternative ways of playing characters which steers clear of obvious choices and creates more interesting and watchable performances. This is designed to promote versatility and release people from their habitual rhythmic, linguistic or acting patterns whilst developing their skills as an actor.

Walk The Walk, Talk The Talk

This half day workshop explores physicality and stage presence as well as vocal technique. This can be run as a half day session or combined with either of the above into a full and varied workshop day.



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Musical Moments

This workshop provides a taster of the three aspects of musical theatre, incorporating the theatrical disciplines of Dance, Drama and Singing. You will learn a dance routine, play around with scenes from well-known musicals and be guided through the basics of vocal technique and the presentation of musical theatre songs.

Stage Combat

Learn the skills of fighting for stage; from a simple slap around the face to the complex use of rapier and dagger. This half-day session is led by fight instructor and actor, Dan Styles, who has completed three British Academy of Dramatic Combat (BADC) awards with a gold qualification in each, plus a recommendation at advanced level. He has worked at a variety of drama schools including Italia Conti, Mountview, East 15, ALRA, Rose Bruford and more. He has also choreographed fights for over 60 film and stage productions. This workshop can be combined with any of the above - excluding Musical Moments - into a full workshop day.

Prices...

Don't Think, Do! - £300; Act Outside The Box - £300; Walk The Walk, Talk The Talk - £200; Musical Moments - £300; Stage Combat + workshop from above (excluding Musical Moments) - £300

EPILOGUE

To book a workshop or discuss options please call Victoria on 07788 676774 or email Victoria.croft@yahoo.co.uk. There is also a booking form below which you may complete, tear off and post if you prefer. Please send to: Croft Workshops, Flat 8, 27, Kensington Gardens Square, London, W2 4BG.

Society:

Address:

Workshop Choice:

Number and age range of participants:

Contact Name:

Contact Number:

Email:

Preferred Month/Date of workshop:

Special Requirements/Additional Information:

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